

STD FACT SHEET

Maintaining Your Health

*Consistent condom usage (every encounter)

*Immunize, Immunize, **IMMUNIZE!**

Women

*Gardasil (HPV 6, 11, 16, 18): 3 shots

1st, 2nd (2 months later), 3rd (4 months later or 6 months after the 1st)

*Hepatitis B: series of 3 shots, same schedule as HPV vaccine

Men

*Hepatitis B: series of 3 shots

Men (MSM)

*Hepatitis B & Hepatitis A

*Gardasil (Offered at the SCC) (HPV 6, 11, 16,18): 3 shots

1st, 2nd (2 months later), 3rd (4 months later or 6 months after the 1st)

FAQ

Q: Why isn't everyone screened for **EVERYTHING??**

A: Inappropriate screening can be anxiety producing and expends needless expenses. It can increase your risk of false positive results, necessitating even further testing. The Student Care Center follows CDC and US Preventive Services Task Force guidelines in choosing the tests appropriate for your concerns. Both groups explicitly recommend against screening asymptomatic persons for hepatitis and herpes.

Q: What do I do if I notice genital lesions?

A: Come in for testing while the lesion is active. Not all genital lesions are herpes. It is important for your health care provider to view the lesions to make an accurate diagnosis and provide you with the appropriate testing.

Q: When are women screened for HPV?

A: Women are screened for HPV automatically when any abnormality is detected on their annual Pap smear.

STD SCREENING RECOMMENDATIONS

Women: WSM (women who have sex with men) *yearly* for those ≤ 25 years old & sexually active

- *HIV (blood test)
- *Gonorrhea / Chlamydia
- *Pap smear

Women: WSW (women who have sex with women) *yearly* for those ≤ 25 years old & sexually active

- *HIV (blood test)
- *Gonorrhea / Chlamydia
- *Pap smear

*NOTE: Women **above age 25** do not need regular STD screens unless they have multiple current partners, have a new partner with inconsistent condom use, have sex under the influence of drugs or alcohol or have sex in exchange for money.

Men: MSW (men who have sex with women) *yearly* screening

- * HIV (blood test)
- *Gonorrhea / Chlamydia

Men: MSM (men who have sex with men or those at high risk**) *yearly* screening

- * HIV (blood test)
- *Syphilis
- *Gonorrhea / Chlamydia
- *Anal PAP (**ONLY for MSM**) (every 3-5 years for men with anal warts, >5 insertive partners, immunosuppressed, tobacco use, history of childhood cancer, steroid use)

** **High Risk** = men who have multiple current partners, have a new partner with inconsistent condom use, have sex under the influence of drugs or alcohol or have sex in exchange for money.

For additional information ask any SCC provider.

Resources:

- *Centers for Disease Control: <http://www.cdc.gov/STD/>
- *Student Counseling and Resource Center (SCRS) (773)702-9800
- *HIV testing also available at other locations: call (773) 661-0910
- *FREE AIDS/HIV & STD hotline 8am-10pm (800) AID-AIDS
- *LGBTQ Info hotline 10am-10pm (773) 929-4357
- *University of Chicago LGBTQ Programming Office (773) 702-5710